



# JHS Breakfast Menu

June 2017

**29**  
Memorial Day  
No School

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*side items*

**30**  
Cinnamon Rounds

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Apple, Mixed Fruit  
100% Fruit Juice, Low-Fat Milk

**31**  
Apple Cinnamon  
Muffins w/ String  
Cheese

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Orange Wedges, Raisins  
100% Fruit Juice, Low-Fat Milk

**1**  
Bagel w/ Cream  
Cheese

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Apple, Mixed Fruit  
100% Fruit Juice, Low-Fat Milk

**2**  
French Toast Benefit  
Bar

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Orange Wedges, Raisins  
100% Fruit Juice, Low-Fat Milk

**5**  
Cereal Bar

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Apple, Mixed Fruit  
100% Fruit Juice, Low-Fat Milk

**6**  
Cini Minis

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Orange Wedges, Peaches  
100% Fruit Juice, Low-Fat Milk

**7**  
Apple Cinnamon  
Muffins w/ String  
Cheese

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Apple, Mixed Fruit  
100% Fruit Juice, Low-Fat Milk

**8**  
Bagel w/ Cream  
Cheese

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Orange Wedges, Peaches  
100% Fruit Juice, Low-Fat Milk

**9**  
French Toast Benefit  
Bar

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Apple, Mixed Fruit  
100% Fruit Juice, Low-Fat Milk

**12**  
Breakfast Bar w/  
String Cheese

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Fresh Apples, Raisin  
100% Fruit Juice, Low-Fat Milk

**13**  
Butterscotch Oat Bar  
w/ String Cheese

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Diced Pineapple, Applesauce  
100% Fruit Juice, Low-Fat Milk

**14**  
Cinnamon Scooby  
Grahams w/ Yogurt

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Fresh Apples, Raisin  
100% Fruit Juice, Low-Fat Milk

**15**  
Banana Benefit Bar

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Diced Pineapple, Applesauce  
100% Fruit Juice, Low-Fat Milk

**16**  
Cinnamon Raisin  
Bagel w/ Cream  
Cheese

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Fresh Apples, Raisin  
100% Fruit Juice, Low-Fat Milk

**19**  
Assorted Cereal

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Fresh Fruit  
100% Fruit Juice, Low-Fat Milk

**20**  
Assorted Breakfast  
Bars

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Fresh Fruit  
100% Fruit Juice, Low-Fat Milk

**21**  
Assorted Cereal

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Fresh Fruit  
100% Fruit Juice, Low-Fat Milk

**22**

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*side items*

**23**

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*side items*

**26**

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*side items*

**27**

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*side items*

**28**

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*side items*

**29**

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*side items*

**30**

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*side items*

Donna Humphries  
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Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

**Menu Subject to Change:**



Be sure to take a fruit or vegetable to make a complete meal.

**Price:**  
Full: \$2.75 Reduced: \$.40



**Milk:**  
1% Plain, Chocolate & Coffee Skim Milk